

LRCC Fitness Center Release of Liability 2025

In consideration of my use of the exercise equipment and facilities provided by Klamath County School District, Lost River High School and the Lost River Booster Club, I expressly agree and contract, on behalf of myself, my heirs, executors, administrators, successors and assigns, that all parties listed above (KCSD, LRHS, LRBC) shall not be liable for any damages arising from personal injuries (including death) sustained by me or my child(ren).

By the execution of this agreement, I accept and assume full responsibility for any and all injuries, damages (both economic and non-economic), and losses of any type, which may occur to me or my child, and I hereby fully and forever release and discharge KCSD, LRHS and LRBC, its insurers, employees, officers, directors, and associates, from any and all claims, demands, damages, rights of action, or causes of action, present or future.

I agree to be solely responsible for the safety and wellbeing of myself and my child(ren) (13-17 years old). I understand that the above parties do not provide supervision, instruction, or assistance for the use of the facilities and equipment. I am also responsible for consulting a physician before beginning any exercise program.

I agree to comply with all rules (See reverse and those posted in facility) imposed by KCSD and LRHS regarding the use of the facilities and equipment. I agree to conduct myself in a controlled and reasonable manner at all times, and to refrain from using any equipment in a manner inconsistent with its intended manufacture design and purpose. I understand proper use includes using a spotter when lifting weights.

I understand and acknowledge that the use of any exercise equipment involves risk of serious injury, including permanent disability and death, and KCSD, LRHS and LRBC are not responsible. I understand and agree that KCSD, LRHS, LRBC are not responsible for property that is lost, stolen, or damaged while in, on, or about the premises.

Name_____ **Signature**_____

Parent Name (if 13-17)_____ **Signature**_____

Date_____ **Phone number**_____

Booster CLub and LRHS- Fitness Center Policies 2025

The Lost River Booster Club has secured liability insurance for boosters and community members to use the Fitness Center. This comes at a financial burden to the Booster Club. We are asking all those that would like to use the fitness center make a monetary donation in order to help cover some of the cost of the insurance, if possible. This is voluntary but very much appreciated.

- ☐ Yes, I'd like to contribute to the liability insurance costs with a \$_____ donation. (Make a check payable to Lost River Booster Club, or pay cash in LR office).
- ☐ No, I cannot contribute at this time.

Rules and Regulations

- You must be 13 years old or older to use the fitness center.
 - 13-17 year old children must have parents sign the waiver
 - 13-15 Must be accompanied by an adult with a signed waiver
 - 16-17 may use the facility alone with permission from LR administration
- Children under the age of 13 cannot hang out while parents workout.
- You must use equipment as it was intended by the manufacturer.
- Wipe down equipment (handles, bars, etc) with a Clorox Wipe after use
- Return items to their proper place after each use
- Clean up after yourself- use garbage cans, pick up your personal items etc
- *Do not wander into other parts of the LRCC building.*
 - Remain in fitness center and bathrooms only
 - (you may fill water bottles in the hall just outside the bathroom)
- Each calendar year you will need to sign a new waiver.

Violation of any of these policies could result in the revocation of rights to use the fitness center, the LRCC, and any KCSD building from that point forward.

Name _____ Signature _____

